Chapter 15

INMATE GRIEVANCE PROCEDURES*

A. Introduction

If you have a complaint concerning your treatment at a state correctional facility, you must consult the state's formal inmate grievance procedures. According to the Prison Litigation Reform Act (“PLRA”), you must exhaust (use up) all of the available grievance procedures before you can take your complaint to court. Before filing any type of lawsuit, you should carefully read JLM, Chapter 14, “The Prison Litigation Reform Act.” In New York, for example, state law and the New York Inmate Grievance Program (“IGP”) require the Commissioner of the Department of Correctional Services and Community Supervision (“DOCCS”) to establish a committee in each correctional facility to address prisoner grievances. The purpose of the IGP is to “provide each inmate an orderly, fair, simple, and expeditious method for resolving grievances” and “to promote mediation and conflict reduction in the resolution of grievances.” The details of this program appear in DOCCS Directives 4040 and 4041, and in Title 7 of the Codes, Rules, and Regulations of the State of New York. Directive 4002 describes the Inmate Liaison Committee (“ILC”), which is concerned with prisoners’ general welfare.

This Chapter will help you make an informed decision about how to proceed with your grievance, using New York’s IGP as an example. Part B discusses the PLRA requirement that you go through the entire complaint process in your prison before taking your claim to federal court. Part C defines the term “grievance,” discusses what kinds of claims are “non-grievable” (meaning that you cannot use the IGP), and provides you with an overview on how to write your grievance. Part D describes the basic structure of the New York IGP. Part E looks closely at the relevant New York DOCCS directives, explaining specific steps to follow when filing a grievance through the New York IGP. Part F discusses the publication of rules for other states’ inmate grievance procedures and how to find these rules.

If you are a foreign national (not a U.S. citizen) and are having problems with prison conditions, or need to contact someone in your home country, you may want to contact your consulate. Consult the JLM Immigration and Consular Access Supplement for more information on how to raise these claims.

B. Exhausting Your Administrative Remedies

The PLRA requires you to go through your prison’s entire complaint process before you can bring a federal court claim under 42 U.S.C. § 1983 (a federal law that deals with prisoners’ complaints). Therefore,

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1. 42 U.S.C. § 1997e(a) (2006) (“No action shall be brought with respect to prison conditions under section 1983 of this title, or any other Federal law, by a prisoner confined in any jail, prison, or other correctional facility until such administrative remedies as are available are exhausted.”).


4. See Chapter 7 of the JLM to learn how to obtain a copy of these directives through the state Freedom of Information Law (“FOIL”) and the federal Freedom of Information Act (“FOIA”). In addition, ask the librarian if your prison law library has copies of these directives.

5. N.Y. Comp. Codes R. & Regs. tit. 7, §§ 701–02 (2012). Ask the librarian if your prison law library has this code.

6. This directive has not yet been codified in the New York Code as of the JLM print date. See JLM, Chapter 7 to learn how to obtain a copy of this directive through the state Freedom of Information Law (“FOIL”) and the federal Freedom of Information Act (“FOIA”). In addition, ask the librarian if your prison law library has a copy of the directive.

7. 42 U.S.C. § 1997e(a) (2006). Note that the PLRA exhaustion requirement applies only to cases filed on or after April 26, 1996 (the effective date of the PLRA), including cases where the actions complained of occurred before the enactment. It does not apply to actions or appeals filed before its passage. See Jones v.
even if you believe that the grievance system in your prison is unfair or pointless, you still have to go through all of the steps of the process to try to resolve your grievance before you file a lawsuit. In New York, for example, the IGP is not considered exhausted until you receive a final decision on your complaint from the highest grievance committee, such as New York's Central Office Review Committee (“CORC”). If you bring a complaint in federal court under 42 U.S.C. § 1983 without first exhausting administrative remedies, your case will be dismissed, and you might be barred from bringing a future case.

In addition to filing your grievance under federal law, some states allow you to file your grievance under state law too. In New York, for example, you may challenge the CORC’s decision under Article 78 of the New York Civil Practice Law and Rules. Just like the federal grievance procedures, you may not bring an Article 78 proceeding until you first pursue all administrative remedies available through the IGP. Even if your grievance is denied by the Inmate Grievance Resolution Committee (“IGRC”), you still may not bring an Article 78 proceeding until you exhaust all your administrative remedies. In New York, this means you first have to appeal the IGRC’s denial to your prison’s superintendent. If your grievance is again denied, you must appeal to the CORC. Only if the CORC also denies your grievance are you allowed to bring a lawsuit in state court under Article 78. This is because the CORC is the committee designated to provide final review of your claim under the state administrative grievance procedures.

As you go through the inmate grievance procedures, it is important to bring up, from the very beginning, any issues you think you might want to raise in a later lawsuit. If you fail to state a particular claim in your original grievance, a court may later consider this claim “unexhausted.” As a result, the court may dismiss this unexhausted claim and hear only the claims that you brought up in your original grievance. Courts are required to hear your exhausted claims and are no longer allowed to dismiss the entire action if only some of the claims are unexhausted. Keep in mind that in order to exhaust all of your claims, you may have to use more than one administrative procedure. For example, you may have to go through one review process for one of your claims and a different review process for another of your claims.

Bock, 549 U.S. 199, 216, 127 S. Ct. 910, 921, 166 L.Ed. 2d 798, 813 (2007) (holding that while prisoner’s claims can be dismissed because they have not yet been exhausted, there is no requirement that exhaustion be demonstrated in the prisoner’s pleading); Ancrum v. St. Barnabas Hosp., 301 A.D.2d 474, 475, 755 N.Y.S.2d 28, 31 (1st Dept. 2003) (holding that the PLRA exhaustion requirement applies to all prisoners who sue while they are incarcerated—including prisoners who are released before a ruling on their suit is issued). See Chapter 16 of the JLM for more information on 42 U.S.C. § 1983 actions.

8. If you receive a satisfactory remedy from the IGP, then there will be no need to go to court. If you are unsatisfied with the result of the IGP, you may then file a lawsuit in federal court.

9. Dismissal for non-exhausted claims is supposed to be “without prejudice” which means that you will be able to come back to court after you have fully pursued your prison’s grievance procedures. Dismissal “with prejudice” means that you cannot take that particular issue back to court. See Wendell v. Asher, 162 F.3d 887, 892 (5th Cir. 1998) (finding that while prisoner’s § 1983 claim was properly dismissed for failure to exhaust administrative remedies, the prisoner can still re-file his action in district court once he has exhausted his administrative remedies); Wright v. Morris, 111 F.3d 414, 417 n.3 (6th Cir. 1997) (holding that where alleged violations occur after PLRA’s enactment and prisoners have both notice that exhaustion is required and a reasonable opportunity to file administrative complaints, the exhaustion requirement is mandatory). However, if the statute of limitations has run on your claim before you return to court, your claim may be permanently barred. In addition, if you are able to bring your claim back to court, you will probably have to pay another filing fee to re-file your claim in court.

10. See Chapter 22 of the JLM on Article 78 proceedings. Article 78 proceedings allow you to challenge decisions made by New York administrative bodies or officers, like the Central Office Review Committee.


12. See People ex rel. Chapman v. Sullivan, 135 A.D.2d 675, 676, 522 N.Y.S.2d 249, 250 (2d Dept. 1987) (holding that petitioners are not entitled to an Article 78 hearing until they have exhausted all administrative remedies).

13. See Jones v. Bock, 549 U.S. 199, 223–24, 127 S. Ct. 910, 924–26, 166 L.Ed. 2d 798, 818 (2007) (holding that judicial screening of prisoner complaints requiring total exhaustion is not permitted under the Prison Litigation Reform Act of 1995); see also Cooper v. Garcia, 55 F. Supp. 2d 1090, 1094–95 (S.D. Cal. 1999) (holding that only those claims that are unexhausted should be dismissed); Jenkins v. Toombs, 32 F. Supp. 2d 955, 959 (W.D. Mich. 1999) (holding that the PLRA does not impose a total exhaustion requirement that would completely bar cases that contain unexhausted claims).

14. For example, in New York, there is a separate claims review process for inmate personal property claims. You need to exhaust this procedure before bringing a personal property claim in court. See N.Y.
If you have exhausted your administrative remedies and wish to file a complaint in federal court, make sure that your complaint states that you have already exhausted all other remedies. Even though the Supreme Court held in Jones v. Bock, that courts could not require plaintiffs to include this in their complaints, stating that you have exhausted all other remedies will help prevent this from becoming an issue.15

C. Grievances in New York

1. What Grievances Can Be Raised?

A grievance is defined by the New York State DOCCS as “a complaint ... about the substance application of any written or unwritten policy, regulation, procedure or rule of the Department of Correctional Services or any of its program units, or the lack of a policy, regulation, procedure or rule.”16 You may raise a grievance only if it relates to a situation that affects or will affect you personally.17 Examples of grievable issues include: prison official retaliation, inadequate medical care, and assignment of prison jobs.18

2. Non-Grievable Issues19

An issue is “non-grievable” when the grievance system has no remedy for it. Thus, the grievance system cannot be used to resolve such an issue. The PLRA requires that you exhaust the IGP if any remedy is available to you.20 This means that you must still go through the IGP even if it cannot give you the exact remedy you want. If no remedy is available through the IGP, you are not required to exhaust the grievance system.21 However, if there is some other administrative remedy for your claim, you will be required to pursue that remedy. For example, although an appeal of a temporary release ruling may be considered

17. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.3(b) (2012); State of New York, Department of Correction Services, Directive No. 4040, Inmate Grievance Program § 701.3(b) (2006).
18. Examples of cases in which the courts have required prisoners to exhaust administrative remedies include the following: Underwood v. Wilson, 151 F.3d 292, 296 (5th Cir. 1998) (prisoner brought § 1983 suit against prison officials alleging they assigned him to jobs that forced him to perform work beyond his physical capabilities and medical work restrictions); White v. McGinnis, 131 F.3d 593, 594 (6th Cir. 1997) (prisoner alleged that prison officials retaliated against him after he filed a lawsuit against another prison official); Barry v. Ratelle, 985 F. Supp. 1235, 1238 (S.D. Cal. 1997) (prisoner brought civil rights action against prison officers claiming deliberate indifference to his serious medical needs in violation of his 8th and 14th Amendment rights).
20. Booth v. Churner, 532 U.S. 731, 733–34, 121 S. Ct. 1819, 1821, 149 L.Ed. 2d 958, 962 (2001) (holding that the PLRA requires prisoners to exhaust administrative remedies that are available before suing over prison conditions); see also Alexander v. Hawk, 159 F.3d 1321, 1326–27 (11th Cir. 1998) (holding that a prisoner was required to submit his claims to the available prison grievance program even if the relief offered by that program was not necessarily plain, speedy, and effective); Sallee v. Joyner, 40 F. Supp. 2d 766, 770 (E.D. Va. 1999) (holding that a prisoner must bring confinement-related grievances to the Administrative Remedy Program even if he seeks money damages, which are not available through the Administrative Remedy Program).
21. See Davis v. Frazier, No. 98 Civ. 2658 (HB), 1999 U.S. Dist. LEXIS 8911, at *9–10 (S.D.N.Y. June 15, 1999) (unpublished) (citing State of New York, Department of Correction Services, Directive No. 4040, Directive No. 3375R, which states that complaints about alleged assaults or verbal harassment and matters under investigation by the Inspector General are non-grievable); Kearsey v. Williams, No. 99 Civ. 8646, 2004 U.S. Dist. LEXIS 18727, at *9–10 (S.D.N.Y. Sept. 20, 2004) (unpublished) (finding that a prisoner was informed by a written decision that, under State of New York, Department of Correctional Services, Directive No. 3375R, his complaint was non-grievable, which is why the prisoner sued in court); see also Marcello v. Dept. of Corr., No. 07 Civ. 9665, 2008 U.S. Dist. LEXIS 60895, at *9 (S.D.N.Y. July 30, 2008) (unpublished) (“[Prisoners] may overcome the exhaustion requirement only if they are able to show either (1) that administrative remedies were not actually ‘available’ to them; (2) that defendant should be estopped from raising plaintiffs’ failure to exhaust as an affirmative defense; or (3) that special circumstances exist that excuse plaintiffs’ non-compliance with official procedural requirements.”).
non-grievable by the IGP, you will still be required to pursue your appeal using the procedures for the temporary release program.\(^22\)

A grievance committee may dismiss and close your grievance as non-grievable if:\(^23\)

1. you have made no effort to resolve the complaint through procedures and officials at your prison;
2. you are not or will not be personally affected by the issue in your complaint;
3. your grievance is about the decision of a program with already established procedures, including temporary release programs,\(^24\) family reunion programs,\(^25\) or media review\(^26\) programs, disciplinary proceedings or time allowance committee proceedings,\(^27\) central monitoring,\(^28\) inmate claims, or records review procedures,\(^29\) or any other program or procedure involving a written appeal which extends review outside of the facility.\(^30\)
4. your grievance involves issues outside DOCCS supervision; or
5. your grievance relates only to an individual no longer in your facility.

If a majority of the committee (three out of four members) votes that your grievance falls into one of these categories, your grievance will be dismissed as non-grievable.\(^31\) Otherwise, the committee will hear your grievance.\(^32\) If you believe that your grievance was improperly dismissed as non-grievable, you can apply for review directly to the IGP supervisor. You must do so within seven calendar days after receiving the committee’s decision to dismiss the grievance.\(^33\)

You cannot use the IGP for complaints concerning the decisions of other committees such as those relating to disciplinary proceedings and records review as listed above.\(^34\) But you can use the IGP to file a grievance concerning the IGP's general policies, rules, and procedures.\(^35\) However, complaints you may have against any policy, regulation, or rule of an outside agency, or action taken by an outside agency, are non-grievable under the New York IGP.\(^36\) Outside agencies are those not under the supervision of the

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\(^22\) N.Y. Comp. Codes R. & Regs. tit. 7, § 1900.6 (2012).


\(^24\) N.Y. Comp. Codes R. & Regs. tit. 7, § 1900.6 (2012).


\(^29\) N.Y. Comp. Codes R. & Regs. tit. 7, § 701.3(e)(2) (2012): State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.3(e)(2) (2006): see, e.g., Harris v. Coughlin, 143 A.D.2d 1018, 1018, 533 N.Y.S.2d 604, 605 (2d Dep’t 1988) (holding that where administrators deny a prisoner’s temporary release application and also his only chance at administrative appeal, the prisoner can then seek judicial review).

\(^30\) N.Y. Comp. Codes R. & Regs. tit. 7, § 701.3(e)(3) (2012): State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.3(e)(3) (2006). An example of a rule that could be challenged using the IGP is the rule governing membership of the Temporary Release Committee. See Cintron v. Coughlin, 141 A.D.2d 1006, 1007, 531 N.Y.S.2d 46, 47 (3d Dep’t 1988) (allowing prisoner to challenge his rejection for release by the Temporary Release Committee by arguing that a parole officer should not be allowed on the committee). Note that this decision is pre-PLRA, but it serves as an example of the grievable rules of the committees listed in DOCCS Directive 4040.


Finally, if you are filing a claim for loss of or damage to personal property, the New York State Court of Claims requires you to first exhaust the administrative procedures available for compensating prisoners. The IGP cannot be used to do this. See Chapter 17 of the JLM, “The State’s Duty to Protect You and Your Property: Tort Actions,” for more information about property claims.

If you are unsure whether an issue is grievable under the IGP, you should file a grievance, and the committee will decide through the grievance process in Section 701.5 of DOCCS Directive 4040.

3. How to Write an Effective Grievance

When using the IGP, you should follow several guidelines to increase your chances of obtaining relief (help). First, if you file a formal grievance with a grievance resolution committee, write out your grievance in detail and list exactly what attempts you made to resolve the problem. If you do not try to resolve the problem on your own, your grievance may be dismissed and closed at the grievance committee hearing.

Second, your complaint must show that you are personally affected by the policy or issue that you are filing a grievance against, or that you will be affected unless relief is granted and changes are made.

Third, you should state the problem accurately and precisely. Using inflammatory, disrespectful, offensive, or foul language (such as curse words) in your complaint will reduce your chances of success.

Fourth, the more specific you are about the relief you are seeking, the more likely you are to receive it. You should list in detail every aspect of relief that you seek because the Inmate Grievance Resolution Committee may not consider types of relief that you do not specifically request. For example, explain the conditions or policies you want changed.

Finally, you should keep copies of all papers filed and received. For a more detailed discussion of what information you must include in your grievance, see Part E of this chapter.

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37. The U.S. Citizenship and Immigration Services is a bureau of the Department of Homeland Security and was formerly referred to as Immigration and Naturalization Services.


39. New York City Department of Correction, Directive No. 3375R-A, Inmate Grievance Resolution Program § II(C) (1985) (as revised Mar. 13, 2008), available at http://home2.nyc.gov/html/doc/html/directives/dept_directives.shtml (select “Inmate Grievance Resolution Program” from the alphabetized list of documents) (last visited Sept. 16, 2012). This city jail grievance directive lists the following issues as non-grievable: matters under investigation by the Inspector General; complaints pertaining to an alleged assault or harassment; complaints pertaining to discrimination based on disability or perceived disability; complaints where the remedy involves the removal of a staff person from an assignment, or the censure, discipline, or termination of a staff person; matters outside the jurisdiction of the Department of Correction; and complaints involving any program or procedure having its own administrative or investigative process.

40. N.Y. Ct. Cl. Act § 10(9) (McKinney 1989 & Supp. 2012) (“[F]ailure to timely comply with statutory filing requirements of the Court of Claims Act . . . constitutes a fatal jurisdictional defect.”). Because of the strict time limits in the Court of Claims, you should exhaust administrative procedures as soon as possible before filing a tort claim in court.


D. The Basic Structure of the New York IGP

1. Levels of Authority

The IGP has three levels of authority; higher levels of authority supervise lower levels of authority. The three levels are: the Inmate Grievance Resolution Committee (“IGRC”), the Superintendent, and the Central Office Review Committee (“CORC”).

(a) The Inmate Grievance Resolution Committee (“IGRC”)

Each correctional institution must have an IGRC. The IGRC must be a five-person group, made up of two voting prisoners, two voting staff members, and a non-voting chairperson. The prisoner IGRC representatives are elected by their peers for a term of six months and ordinarily serve full-time. A prisoner representative may not be removed from his position without a limited due process hearing.

(b) The Role of the Superintendent and Staff

The superintendent selects staff IGRC representatives from a list of personnel who successfully complete a training course designed for individuals who want to serve as IGRC representatives. The Superintendent must ensure that the IGP staff is trained and available. Chairpersons for IGRC hearings are selected by the IGP Supervisor from a list submitted by the IGRC representatives. The chairperson may be a prisoner, staff member, or a volunteer associated with the facility’s program.

(c) The Central Office Review Committee (“CORC”)

CORC consists of Deputy Commissioners and staff members. It functions on behalf of and under the authority of the Commissioner of Correctional Services. An Office of Diversity Management representative attends CORC hearings and may offer input on grievances alleging discrimination, but cannot vote. CORC decisions have the effect of directives. CORC decisions requiring corrective action are implemented by the appropriate facility and/or departmental office. Although the Director of the IGP is not a voting member of the CORC, he is responsible for the administrative function of the IGP and for ensuring that the appropriate facility and/or departmental office carry out CORC decisions.

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E. The New York IGP Rules

Understanding how the IGP works will help you use the program effectively. The rules are in two DOCCS directives. Directive 4040 contains the rules for the general program, while Directive 4041 contains alternative rules for special facilities. The policies, rules, and procedures contained in Directives 4040 and 4041 are also in Title 7 of the Codes, Rules, and Regulations of the State of New York. Also, Directive 4002 establishes the Inmate Liaison Committee (“ILC”), which is concerned with the general welfare of prisoners.

1. Directive 4040: The Inmate Grievance Program

(a) General Procedures

IGP procedures work along three levels of authority: the IGRC, the Superintendent, and the CORC. As noted earlier, before filing a complaint with the IGRC, you should try to resolve the complaint on your own through existing formal or informal methods.

(b) The IGRC

(i) Filing the Complaint

You must submit your complaint to the Grievance Clerk, using the Inmate Grievance Complaint Form 2131, within 21 calendar days of the incident described in your complaint. In some cases, the IGP supervisor can approve exceptions to this time limit if you attempt to resolve the situation on your own or if your complaint is referred back to the IGP by the courts. If for some reason a Grievance Form is not available, you should submit your complaint to the clerk on a piece of paper. Your Grievance Form must include your name, Department Identification Number, housing unit, program assignment, and other identifying information. In addition, your grievance must include a short, specific description of the problem and the remedy you are requesting. You must also provide details of the actions you have already taken to try to resolve the complaint, including people you have contacted and responses you have received. If you submit your complaint on a plain piece of paper, be sure to include the same information.

(ii) IGRC Hearing

If there is no resolution, the full IGRC will consider your complaint. If a hearing is necessary, it must be held within sixteen calendar days after your complaint is received. The IGRC will conduct the hearing at a set time and place. At the hearing, you, your advisor, anyone the grievance directly affects, or any witnesses can offer evidence. The IGRC will judge the relevance and importance of the evidence offered.

You can miss your IGRC hearing twice before the committee will rule in your absence, but only if you miss your hearing for a legitimate reason, such as a visit, parole hearing, program committee, sick call, keeplock, etc. However, at the third scheduled hearing, it will rule in your absence, even if you have a good excuse. You should make every effort to be at the hearing so you can explain your evidence.

61. N.Y. Comp. Codes R. & Regents tit. 7, § 701.6(g) (2007); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.6(g) (2006).
If your confinement status prevents you from appearing within sixteen days and you will be released within thirty calendar days, you can have the hearing postponed until your release or have the hearing held in your absence. But if you will not be released within thirty days, the hearing will be held without you.

(iii) Committee Decision/Recommendation

After the hearing, the IGRC will discuss the complaint privately. When it has reached a decision, the IGRC may choose to tell you its decision orally. Within two working days of the hearing, the Committee must inform you of its decision and reasons in writing. If the decision requires action by the Superintendent or Central Office, the IGRC will make recommendations for the Superintendent to respond and take action. If a majority of the committee cannot agree on a decision, your complaint will be sent to the Superintendent for a response.

(iv) Dismissals

As discussed in Part C, the IGRC may dismiss and close your grievance if: (1) you have made no effort to resolve the complaint on your own “through existing channels”; (2) you are not or will not be personally affected by the issue you raise; (3) you seek a remedy that is available through other DOCCS programs; (4) your grievance involves issues outside the supervision of DOCCS; or (5) the grievance is institutional and the only person affected by the grievance has been released or paroled.

(c) Appealing to the Superintendent

(i) Filing an Appeal

Within seven calendar days of receiving the Committee’s written response to your grievance, you may appeal the decision to the Superintendent by filing an appeal (Form 2131) with the Grievance Clerk. If you want to appeal the decision, it is important that you file in time. If you do not file within seven calendar days, it will be presumed that you have accepted the IGRC’s decision.

(ii) Superintendent’s Action

The Superintendent’s response to your appeal will depend on whether the issue involved is a departmental or an institutional issue. A Departmental Grievance is one that affects you during your confinement at any of the many facilities in the Department. An Institutional Grievance is one affecting you only as long as you remain a resident of the facility in which you filed the grievance.

If the matter concerns changing or revising a Departmental policy or directive, then the Superintendent will forward the grievance papers and a recommendation to the CORC for further review—and notify you

76. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.2(c) (2012); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.2(g) (2006).
that he has done so—within seven calendar days of the appeal. But if the matter does not concern changing or revising a Departmental policy directive, then the Superintendent will answer your appeal within twenty calendar days.\textsuperscript{77}

In all institutional matters, the Superintendent will make a decision and notify you of it, with reasons stated, within twenty calendar days of the appeal.\textsuperscript{78}

(d) Appeal to the CORC

(i) Filing an Appeal\textsuperscript{79}

If you are not satisfied with the Superintendent’s decision, you may appeal the Superintendent’s action to the CORC. To do so, you must file an appeal (Form 2133) with the Grievance Clerk within seven calendar days of receiving the Superintendent’s written response to your grievance.\textsuperscript{80}

(ii) CORC Action

The CORC will review the appeal, make a decision, and inform you of its decision, with reasons stated, within thirty calendar days from the time it receives the appeal.\textsuperscript{81} It may take the CORC up to seven calendar days to actually receive your appeal.

(e) Procedural Safeguards for Fair Consideration of Grievances

(i) Advisors\textsuperscript{82}

During the grievance process, you may present the grievance yourself without help in preparation, or receive advice or assistance from a staff member who is willing to serve as an advisor, or receive assistance from another prisoner. An advisor is not a direct party to a grievance.\textsuperscript{83} A direct party is a person who is so affected by the grievance that he is given the opportunity to provide input before the decision, and he can also appeal the decision afterward.\textsuperscript{84}

In addition, if you are a prisoner in the Special Housing Unit, you will have restricted access to other prisoners and may be prohibited from using another prisoner as an advisor. In that case, you may also be prohibited from serving as an advisor to another prisoner. In this situation, a willing staff member can serve as your advisor.\textsuperscript{85}

\textsuperscript{82} N.Y. Comp. Codes R. & Regs. tit. 7, § 701.2(h) (2012); N.Y. Comp. Codes R. & Regs. tit. 7, § 701.6(a) (2007); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program §§ 701.20, 701.6(a) (2006).
\textsuperscript{85} N.Y. Comp. Codes R. & Regs. tit. 7, § 701.7(c)(3) (2007); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.7(c)(3) (2006).
(ii) Reprisals Prohibited

Reprisal means “any action or threat of action against anyone for the good faith use of ... the grievance procedure.” This rule forbids any reprisal, or retaliation, to be taken against you if you use the IGP to file a grievance about an issue you believe is appropriate for the grievance process. If such retaliation occurs, you can respond by filing a complaint. You also cannot receive a misbehavior report only for making a supposedly false statement to the IGP.

(iii) Objection to IGRC Representatives

If you object to any of the prisoner representatives on the IGRC, that prisoner representative will not take part in the resolution of your grievance and will be replaced by one of the alternates. If you object to all of the prisoner representatives and the alternates, the committee staff members will make the decision on their own, without any prisoner representatives. In addition, a staff representative who is a party to your grievance cannot vote on the matter. In some especially sensitive circumstances, only staff members will conduct the investigation, even if you do not object to the prisoner representatives. If that happens, the prisoner representatives will still vote.

(iv) Code of Ethics

A Code of Ethics for IGRC staff and prisoner representatives, clerks, and chairpersons has been established to strengthen the credibility and effectiveness of the IGP. For example, the Code of Ethics prohibits IGRC members from preventing a prisoner from filing a grievance or improperly disclosing confidential information. Under the Code of Ethics, a member must have a willing, respectful attitude, a working knowledge of the IGP, and awareness of his responsibilities under the IGP.

(v) Time Limits

Time limit extensions for review by the IGRC may only be granted if you consent in writing. Otherwise, if the IGRC does not decide a matter within the time limit, you may appeal to the next level.

(vi) File Maintenance/Confidentiality

Grievance files are maintained in a specific area to be used by the IGRC and the clerk. Unless you consent in writing, no copies of documents may be placed in your central file or facility file. None of the grievance materials will be given to anyone other than you, a direct party, or someone involved in the review.
process. The superintendent is responsible for assuring the confidentiality and maintenance of grievance records. Grievance files are kept for at least four years following their conclusion.98

(vii) IGRC Reference Materials99

The IGRC at each facility is responsible for keeping an up-to-date set of code “A B” departmental directives and a set of the IGP monthly index of written opinions. A copy of the index must also be kept in the prison law library.

(viii) Emergencies100

If your grievance is an emergency, it will be referred directly to the superintendent or the CORC, depending on who has the authority to ensure a quick and meaningful response. Emergencies include situations in which your health, safety, or welfare is in danger.

(f) Procedures for Prisoners in Special Housing Units101

If you are living in a Special Housing Unit (“SHU”), your access to the IGRC may be more restricted than that of general population prisoners. So, facilities must follow many procedures to help you file a grievance.

For example, inmate grievance complaint forms (Form 2131) must be available to you at all times.102 You will be given envelopes so you may forward your grievance confidentially to the Inmate Grievance Office.103 Your facility may use inmate grievance boxes instead of sealed envelopes. These boxes are to be kept locked, and only the IGP supervisor and staff representatives should have keys to them. The grievances will be collected from these boxes at least twice a week.104 You also have direct access to members of the IGRC, who must make rounds to all special housing units at least once a week to “give inmates who are having communication problems or difficulty writing their complaints an opportunity to request and receive assistance.”105 For security reasons, you may have to use staff, and not another prisoner, as your advisor.106 The IGP supervisor is responsible for monitoring the grievance procedure in SHUs and for making sure that all of the requirements are met.107

If the procedures are not being followed, for example, or if there are never any envelopes or Inmate Grievance boxes, you should tell the IGP supervisor.

(g) Employee Harassment108

There are expedited procedures for grievances concerning employee harassment. Employee harassment is defined as “employee misconduct meant to annoy, intimidate or harm an inmate.”109 Under these conditions, you should first report the problem to the harassing employee’s immediate supervisor; however,

100. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.6(m) (2007); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.6(m) (2006).
104. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.7(b) (2006); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.7(b) (2006).
this is not a requirement. You can still file a complaint in the IGP if you choose not to report the employer to his supervisor. In cases of harassment, your grievance and supporting documents will be sent directly to the superintendent by the end of the day. If the superintendent concludes that the issue does not relate to harassment, then the grievance will be returned to the IGRG for normal processing. In order to make a stronger case, you should write down and keep a record of every incident of harassment. Your records should include the time, date, nature of the harassment, who was involved, and if there were any other witnesses. You should also keep a record of anything that happened after the harassment, like a conversation you had with someone else about the incident.

If the superintendent determines that the issue does relate to harassment, he must investigate further, and you will not be allowed to withdraw your complaint. The superintendent will then make a decision within twenty-five calendar days and inform you of the decision with reasons stated. The time limit can be extended only with your consent. If the superintendent does not respond within twenty-five days, you may appeal to the CORC by filing a Form 2133 with the clerk. If you receive a decision from the superintendent and you want to appeal, you must file your appeal within seven calendar days.

(h) Unlawful Discrimination

Unlawful discrimination includes “acts or policies which adversely affect individuals based on race, religion, national origin, sex, sexual orientation, age, disabling condition(s) or political belief, except as provided by law.” If you are being unlawfully discriminated against by an employee, program, policy, or procedure, you should report the incident to the immediate supervisor of the offending employee. However, this is not required before filing a complaint in the IGP. This grievance will be forwarded to the superintendent, and a copy sent to the office of diversity management within twenty-four hours. Either the superintendent and high-ranking supervisor or the office of diversity management will investigate.

After supervising an investigation, the superintendent will give a decision within twenty-five calendar days of the grievance and inform you of the decision, with reasons stated. If the superintendent does not respond within twenty-five days, you may appeal to the CORC. If you receive a decision from the superintendent and want to appeal, you must file Form 2133 with the clerk within seven calendar days.

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111. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.8(b) (2006); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.8(b) (2006).
112. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.8(c) (2006); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.8(c) (2006).
116. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.8(h) (2006); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.8(h) (2006); see, e.g., Lawrence v. Goord, 304 F.3d 198, 200 (2d Cir. 2002) (finding that behavior of officials fit within the category of “inmate suits about prison life” where prisoner alleged that prison officials fabricated misbehavior reports and related improper action in retaliation for earlier complaints of staff misconduct filed by prisoner).
120. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.9(c) (2006); State of New York, Department of Correctional Services, Directive No. 4040, Inmate Grievance Program § 701.9(c) (2006).
123. N.Y. Comp. Codes R. & Regs. tit. 7, § 701.9(f) (2006); State of New York, Department of
2. Directive 4041: The Inmate Grievance Program Modification Plan

(a) Application of the IGP Modification Plan

It may be difficult for some prisoners to participate in regular IGP procedures. For example, if you are involved in a temporary release program, you may spend many hours each day looking for a job or education, and you may have weekend furloughs (leaves of absences) and daily family visits. In cases like these, the IGP Modification Plan is used to allow you the same opportunity to file a grievance.125

(b) Procedures

The procedures for filing a grievance under the Modification Plan are found in N.Y. Comp. Codes R. & Regs. tit. 7, § 702.2 and also in DOCCS Directive 4041 § 702.4(a)–(c). First, you must request a grievance form, and one will be provided to you within twenty-four hours of your request. You can ask for help in filling out the form from any prisoner or staff member. A designated staff member will have sixteen calendar days to try to resolve your grievance informally. If no resolution occurs, the staff member will request an Inmate Grievance Resolution Committee (“IGRC”) hearing within sixteen calendar days of receiving your grievance.126 IGRC members include two staff representatives and a non-voting chairperson the superintendent chooses, and two prisoners you choose. After the hearing, the IGRC will make a recommendation about your claim.

Within seven calendar days after you receive a written recommendation from the IGRC, you can appeal to the superintendent. The appeal will follow the procedure described in Part E(1)(c) of this chapter. If you do not file an appeal within seven calendar days, you are presumed to have accepted the recommendation.127

Within seven calendar days of receiving the Superintendent’s response, you can appeal to the CORC.128 The appeal will follow the procedure described in Part E(1)(d) of this chapter.

3. Directive 4002: The Inmate Liaison Committee

The superintendent in your facility must establish an ILC.129 This committee’s goal is to provide effective communication between prisoners and the administration, and to promote the accurate distribution and exchange of information. The ILC must discuss the prisoners’ general welfare with prison officials. This includes, for example, suggestions from prisoners on facility operations. These discussions may not relate to specific problems of individual prisoners. The superintendent and Facility Executive Team will meet with the ILC monthly, and informal discussions should occur consistently.

The ILC is made up of a group of prisoners chosen by the general population. Representatives are elected by secret ballot for a term of six months and may serve for two terms in a row. The ILC will elect officers and an executive committee who can serve for one six month term per year. The superintendent can deny membership to prisoners with recent or ongoing disciplinary problems.130

The ILC must have a room with facilities, including a typewriter, desks, supplies, and stationery.131 The ILC will be governed by a Constitution and By-Laws, which it will prepare with the help of a staff member. A suggested format for the Constitution and By-Laws is attached to Directive 4002.132

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F. Rules for Inmate Grievance Procedures in Other States

In 1979, Congress set out minimum standards for formal inmate grievance procedures to help reduce the large number of prisoner civil rights cases that were waiting to be heard in courts.\textsuperscript{133} States with grievance procedures that meet these standards are certified by the Attorney General.\textsuperscript{134} Remember, you must exhaust all available administrative procedures before you can file a claim under 42 U.S.C. § 1983.\textsuperscript{135}

In order for an inmate grievance procedure to be certified, the state must meet certain federal minimum standards for the communication of those procedures to all prisoners.\textsuperscript{136} One of the requirements set out by Congress is that all IGPs must be published. A certified inmate grievance procedure must also be readily available to all prisoners and employees of the institution. Every prisoner and employee must receive written notification of the procedure when they get to the institution. You must also be given a verbal explanation of the procedure and the opportunity to ask questions about the procedure at that time. The procedure must be written in any language that is spoken by a significant portion of the prison population. Provisions must be made to aid prisoners who speak other languages, as well as for those with disabilities.

In general, you should be able to find guidelines and procedures for filing a grievance in your prison law library. Ask your librarian if you need help finding them. It is important for you to understand these rules before filing your grievance to make the best use of the grievance procedure.

G. Conclusion

If you have a grievance, you must go through your state’s inmate grievance program before going to court. Once you receive a final decision from the IGP, you may file a complaint in court. If you fail to exhaust your remedies, your case will be dismissed. Even if you feel that the grievance system in your prison is unfair or inefficient, you must exhaust it. Though all of the requirements under the PLRA may seem complicated and intimidating, you should try your best to properly exhaust your grievance. If you make an honest, good faith effort to comply with the requirements, the courts are more likely to excuse mistakes. For example, if you miss a deadline, you should not give up. Continue to pursue your grievance and request to be excused from the rule you failed to follow, or ask to be able to refile your grievance and start over.

\textsuperscript{132} State of New York, Department of Correctional Services, Directive No. 4002, Inmate Liaison Committee § II(F) (1997) (as revised Sept. 21, 2006).
\textsuperscript{136} 28 C.F.R. § 40.11(b) (2009). For a detailed description of how these procedures must be communicated, see 28 C.F.R. § 40.3 (2009).